**HEAD LICE – ADVICE FOR PARENTS**

We have a suspected case of head lice amongst students attending Freebrough Academy. This discovery of one case in the Academy indicates that there may be others, because head lice do not live on just one head.

There is no need to panic. This is an extremely common problem unrelated to poor hygiene. Fortunately, treatment is simple and effective.

The way you can help is to:

1. Comb your child’s hair thoroughly twice a day, particularly before bedtime. This injures any lice that may have transferred to his or her head during the day, and once injured, a louse always dies.

2. Inspect your child’s head regularly, at least once a week. Look for white eggs (often called nits) because they are easier to find than the lice.

If you find your child has head lice, please check the rest of the family, and treat all infected members with a lotion which is available from your chemist.

Many thanks for your support and co-operation.